

QUINSIGAMOND

Community College NEWSLETTER Mentoring

QCC Mentoring January Newsletter











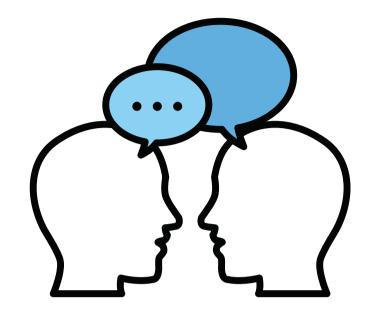


LETTER TO MENTEES & MENTORS:

Hello everyone!

Welcome to January and the start of a new year and the spring semester! To those that have not already filled out a survey, please do so at your earliest convenience. This helps us know how things are going with your match. Links can be found later in this newsletter. We are also attaching links to the Fillable Goal Sheet and Goal Board if you have not done them yet. Please reach out if you have any questions. mentoring@qcc.mass.edu.

-Kalan & Jen



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SUGGESTED EXERCISE

Mentors should check out this Mentor Guide.

The <u>Fillable Goal Sheet</u> and <u>Goal Board</u> are linked here. Please work on them with your match if you have not already done so.



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SURVEYS

Link to the **Mentor Survey**

Link to the **Mentee Survey**



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STUDENT EVENTS

QCC's Pep Rally

Date: Tuesday, January 23, 2024 - 3:45pm to 4:45pm

Room: Athletic Center, Gym

Location: Main Campus - Worcester

Get fired up and show your school spirit at the QCC Pep Rally!

There will be competitions and chances to win!

Competitions:

- Rebound Competition
- Team Relay Competition
- Free Throw Competition
- Trivia with the President

Contact: studentlife@qcc.mass.edu



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STUDENT EVENTS

Bingo Time!

Date: Wednesday, January 24, 2024 - 2:30pm to

4:00pm

Room: Admin Building, Student Cafeteria

Location: Main Campus - Worcester

Stop by and join our Bingo event and win a prize that you can enjoy this winter season!

Contact: studentlife@qcc.mass.edu



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STUDENT EVENTS

Decorate a Cupcake

Date: Thursday, January 25, 2024 - 11:00am to

2:00pm

Room: Admin Building, SSMC (B61A)

Location: Main Campus - Worcester

Decorate and enjoy a cupcake baked by the QCC's Hospitality and Recreation Management program! While supplies last.

Contact: studentlife@qcc.mass.edu



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STUDENT EVENTS

SOAR Fair

Dates: Tuesday, January 30, 2024 - 2:00pm to 4:00pm

Wednesday, January 31, 2024 12:00pm to 2:00pm

Room: Harrington Learning Center (HLC), Room 109 A&B

Location: Main Campus - Worcester

SOAR (Student Opportunities and Resources) into the Spring Semester and learn about QCC student opportunities and

resources!

Stop by and meet:

- Student Organizations
- Campus Offices
- Campus Resources
- Community Resources

Contact: studentlife@qcc.mass.edu