

MENTEE-GUIDED COMMUNICATION INSTRUCTIONS

SOFT SKILLS ARE IN DEMAND BY EMPLOYERS. WHAT ARE THEY? SOFT SKILLS ARE TRANSFERABLE SKILLS THAT ARE APPLICABLE TO ALL PROFESSIONS. EXAMPLES INCLUDE COMMUNICATION, CRITICAL THINKING, INTERVIEWING, MULTITASKING, ORGANIZATION, PUBLIC SPEAKING, STUDY SKILLS, AND TIME MANAGEMENT.

FOR THIS ACTIVITY WE WILL BE CONCENTRATING ON **COMMUNICATION**.

WHAT WOULD YOU LIKE TO KNOW ABOUT YOUR MENTOR? PERHAPS YOU WANT TO KNOW HOW THEY BECAME INTERESTED IN THE CAREER THEY CHOSE, OR HOW THEY GOT THROUGH COLLEGE. ASK QUESTIONS TO GET TO KNOW YOUR MENTOR AND LEARN FROM THEM AT THE SAME TIME.

WHAT ARE YOUR PERSONAL ACHIEVEMENTS & CHARACTER STRENGTHS? (REFER TO THE SEPARATE CHARACTER STRENGTHS LIST IN RESOURCES). EVEN WHEN WE'RE STRUGGLING IT'S IMPORTANT TO REMEMBER WHAT WE'VE ACCOMPLISHED AND WHERE OUR STRENGTHS LIE. DISCUSS WITH YOUR MENTOR YOUR ACCOMPLISHMENTS & STRENGTHS.

MENTEE-GUIDED COMMUNICATION

NAME:

DATE:

QUESTIONS TO ASK YOUR MENTOR

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- _____
- _____

LIST YOUR PERSONAL ACHIEVEMENTS

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LIST YOUR CHARACTER STRENGTHS

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