

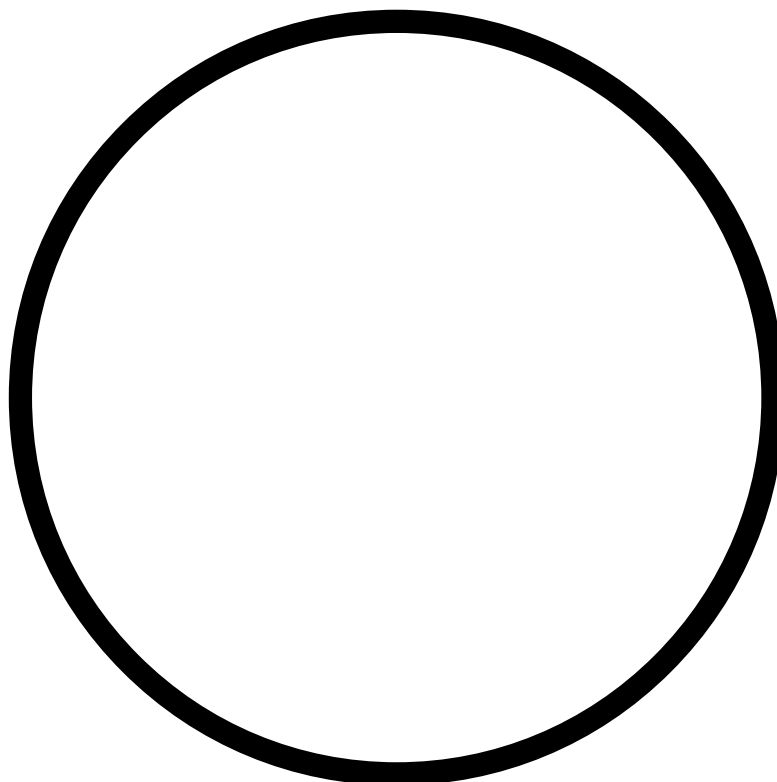
GETTING **TO** KNOW **YOU** EXERCISE

1. MAKE A LIST OF WORDS THAT REVEAL WHO YOU ARE, OR WAYS YOU PREFER TO IDENTIFY YOURSELF TO OTHERS.

(EXAMPLES INCLUDE GENDER, RELIGION, CULTURAL BACKGROUND, HOBBIES, JOBS, POLITICAL BELIEFS, ROLE IN FAMILY, FAVORITE SPORTS. **THERE ARE NO WRONG ANSWERS!**)

2. IDENTIFY THE **TOP 5** MOST IMPORTANT PARTS OF WHO YOU ARE.

3. DIVIDE THE CIRCLE BELOW INTO A PIE CHART WITH THE 5 PARTS YOU JUST IDENTIFIED. EACH SECTION OF THE PIE CHART DOES NOT NEED TO BE THE SAME SIZE, BUT THE SIZE OF EACH SECTION SHOULD REPRESENT HOW MUCH YOU IDENTIFY WITH THAT PART OF YOURSELF.



4. INTRODUCE YOURSELF TO YOUR PARTNER BY TELLING THEM ABOUT THOSE 5 UNIQUE PARTS OF YOU THAT MAKE UP THE WHOLE.