



QUINSIGAMOND

Community College

NEWSLETTER Mentoring

QCC Mentoring April Newsletter



The City of
WORCESTER



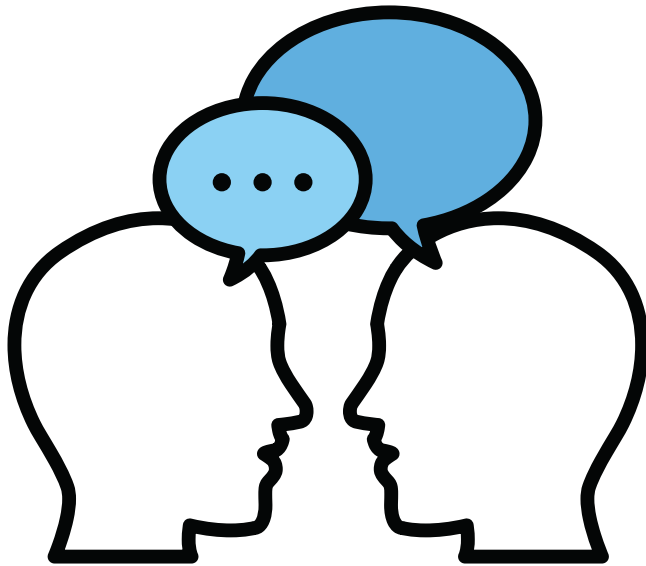
LETTER TO MENTORS:

Hello Mentors!

Below you will find a Mentor Guide for the month of April. At the end of the guide, you will find links to relevant worksheets. You can also click on the following link <https://www.qcc.edu/events> for student events that you may want to pass along to your mentee.

-Kalan & Jen

We want you to feel supported as a mentor. Please email mentoring@qcc.mass.edu for assistance.



QCC MENTORING

Making Connections, Building Community

MENTOR GUIDE

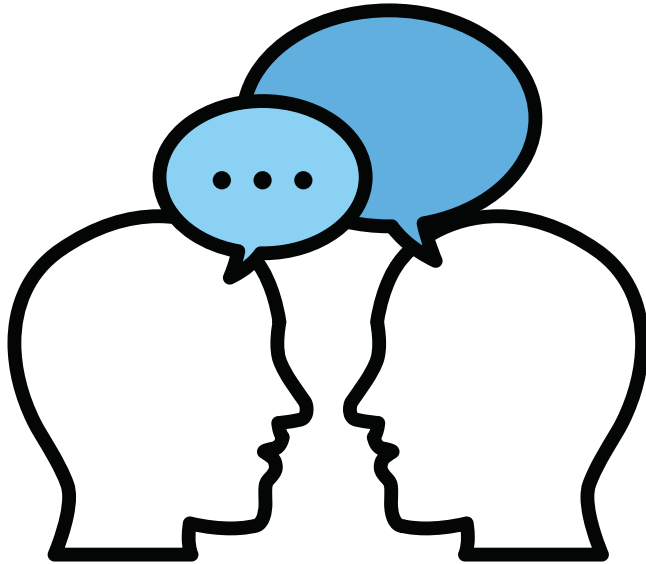
Reminder:

Please set healthy boundaries with your mentees. Also, please be sure to engage and share experiences, as your energy and willingness to be present sets the tone for the meeting.

Icebreaker

What's your favorite part of spring? Do you have an activity or hobby you like to do specifically in the spring?

Please both share at each of your comfort level.



QCC MENTORING

*Making
Connections,
Building
Community*

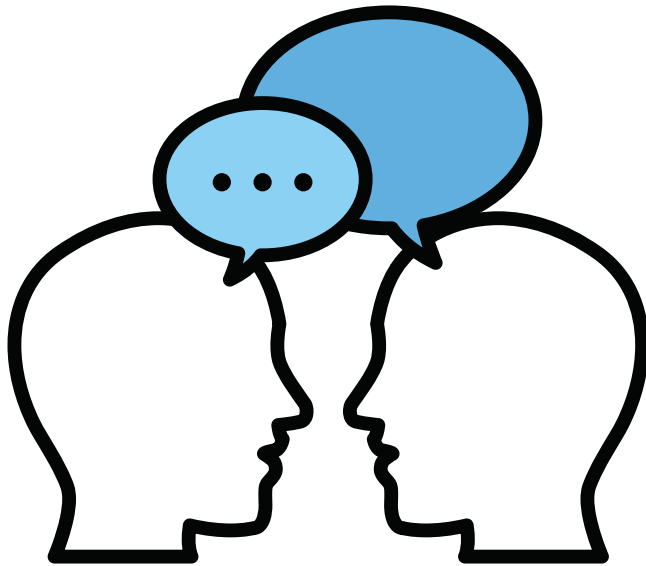
MENTOR GUIDE

Start the Conversation

How have you been?

Anything that is timely or important to you that you would like to talk about?

(Allow mentee to direct conversation)



QCC MENTORING

*Making
Connections,
Building
Community*

MENTOR GUIDE

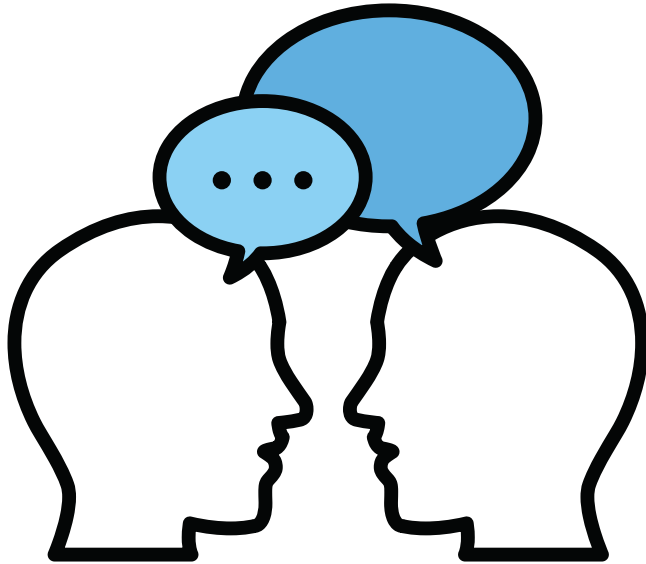
We are already in April!

**The semester is going to start coming to a close soon.
Let's review a few things together.**

How has the semester been going?

**We are in April now so any outstanding assignments, or
things you are behind on, need to be corrected now.**

Are you happy with where your midterm grades are?



QCC MENTORING

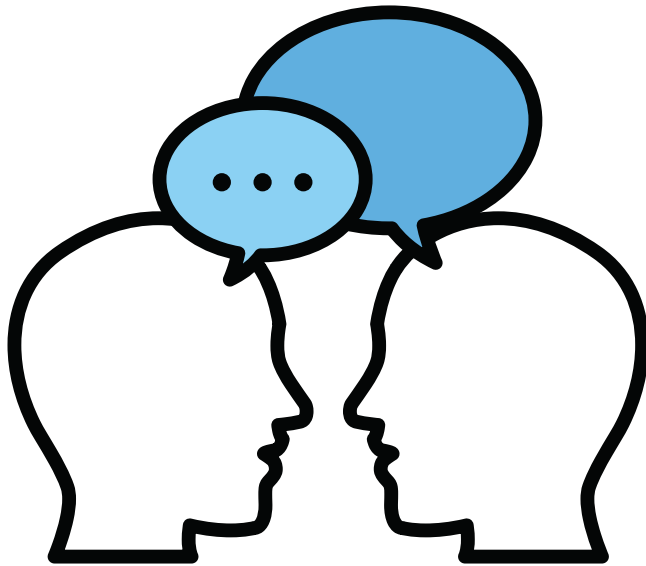
Making Connections, Building Community

MENTOR GUIDE

What needs to happen between now and the end of the semester for you to either get where you want to be, or if you are doing well, stay consistent?

(Please make sure students are getting to office hours, tutoring, etc. if needed)

How has your time management been going this semester? How do you find balance during times when life gets busier?



QCC MENTORING

*Making
Connections,
Building
Community*

MENTOR GUIDE

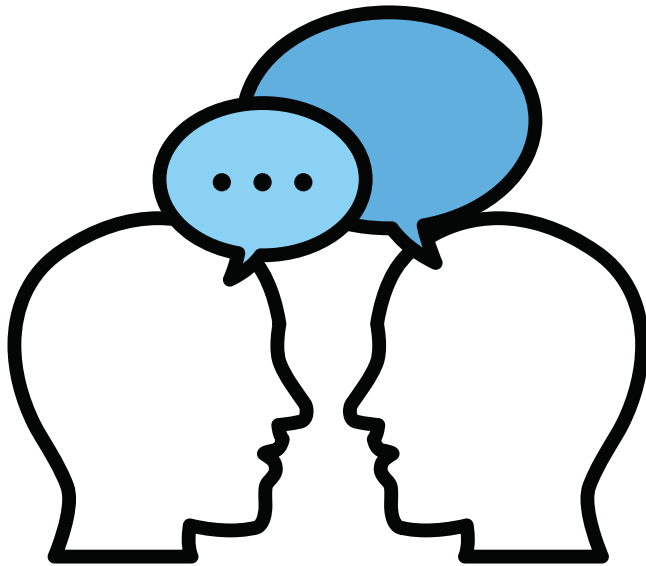
Are there any obstacles that you have had to get past recently, or you are currently working on?

What have you learned about yourself?

Is there anything I can do to support you?

In preparation for next year, please ask the following:

What was the best part of the mentoring relationship this year?



QCC MENTORING

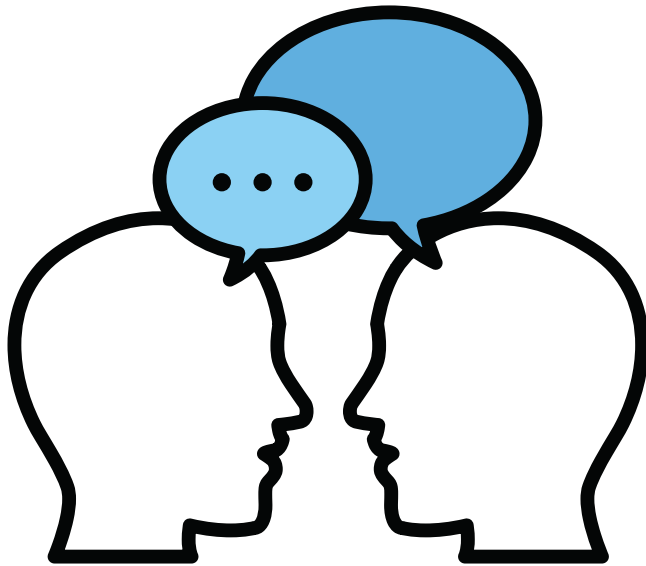
*Making
Connections,
Building
Community*

MENTOR GUIDE

Have you met the goals you set in the beginning of the mentoring relationship?

What did you get out of your participation in the program?

What could the mentor and the mentee have done differently to improve the mentoring relationship?



QCC MENTORING

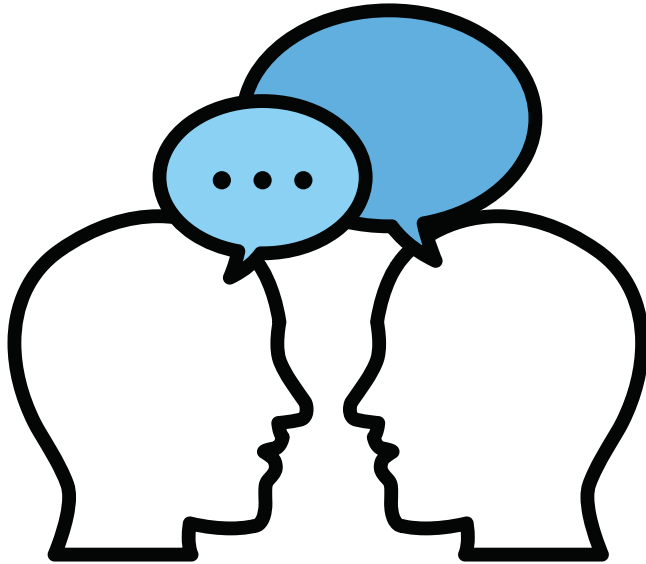
*Making
Connections,
Building
Community*

MENTOR GUIDE

**Will the student be returning in the fall or the spring?
If so, do you think you would like to continue the
mentoring relationship?**

**Are you interested in remaining in contact informally
over the summer?**

**For those graduating, please consider becoming a
mentor for QCC students in the fall! Please reach out to
mentoring@qcc.mass.edu for next steps in becoming a
mentor in the program.**



***QCC
MENTORING***

***Making
Connections,
Building
Community***

MENTOR GUIDE

Links to Relevant Worksheet

(click on the following link)

Overcoming Challenges Worksheet